**Parentcraft Sessions**

**AUGUST**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 31st    **Basic Life Support** | **1st**    **Parent and Family Coffee Morning** | **2nd**    **Participating in Ward Rounds** | **3rd**    **Breastfeeding** | **4th**    **Coping With Stress** | **5th**    **Bottle-Feeding and Making up Feeds** | **6th**    **Making Memories** |
| **7th**    **Parent and Family Coffee Morning** | **8th**    **Babies and Oxygen** | **9th**    **Bathing** | **10th**    **Expressing Milk** | **11th**    **Supporting Baby’s Development** | **12th**    **Getting Ready for Home** | **13th**    **Basic Life Support** |
| **14th**    **Comforting your Baby** | **15th**    **Expressing Milk** | **16th**    **Parent and Family Coffee Morning** | **17th**    **Basic Life Support** | **18th**    **Bathing** | **19th**    **Breastfeeding** | **20th**    **Bottle-Feeding and Making up Feeds** |
| **21st**    **Supporting Baby’s Development** | **22nd**    **Getting Ready for Home** | **23rd**    **Participating in Ward Rounds** | **24th**    **Parent and Family Coffee Morning** | **25th**    **Babies and Oxygen** | **26th**    **Making Memories** | **27th**    **Coping With Stress** |
| **28th**    **Expressing Milk** | **29th**    **Basic Life Support** | **30th**    **Coping With Stress** | **31st**    **Comforting your Baby** | 1st    **Parent and Family Coffee Morning** | 2nd    **Bottle-Feeding and Making up Feeds** | 3rd    **Breastfeeding** |

This timetable can be adapted monthly to meet the needs of the families and availability of staff.

Each session will require a planned training programme.