



Temperature Teaching Package
for Parents/Carers on the Neonatal Unit
and Transitional Care

Patient details/Patient sticker

A separate sheet is needed for each care giver.

When Parents sign they are confirming that they have been shown how to take their baby's temperature, practised with supervision, accept responsibility and feel confident and competent to take a temperature.

Discussion/demonstration with family	Nurse signature & date (when parent/carer training has been given)	Parent/Carer signature & date (when practised under supervision)	Parent/Carer signature & date (when feels confident and competent)
I have received, read and understood a copy of the Network Parent Information ‘Taking your Baby’s Temperature on the Neonatal Unit & Transitional Care’			
I have been shown the hand washing technique and use this prior to and after taking the temperature. I will apply alcohol gel before I start the procedure.			
It has been explained to me the importance of: <ul style="list-style-type: none"> • Being involved with my baby’s care • Comfort holding • When the best time is to take a temperature • Normal range for temperature • How often and when temperature is due • Explained to take temperature before nappy changing or other cares 			
I have been given a demonstration of taking my baby’s temperature by the nursing staff including: <ul style="list-style-type: none"> • How to use the thermometer • Gather all items needed • Ensure equipment is wiped clean prior to and after using • Approaching baby quietly, talk softly and touch gently • Place the tip of the thermometer in your baby’s armpit (Axilla), ensuring it is held down alongside his/her body • Hold baby’s arm down alongside his/her 			

<p>body</p> <ul style="list-style-type: none"> • Make sure the tip is completely covered in the armpit • Wait for the thermometer to take the reading • Accurately record temperature on charts (if applicable) • Recognises and informs nurse in charge if temperature outside normal range 			
<p>I am able to gather the right equipment to take my baby's temperature:</p> <ul style="list-style-type: none"> • Thermometer • Any other question depending on what other cares are due 			