

## Minutes of Parents Advisory Group

**Thursday 06 February 2025**  
**11:00am – 12:30pm**

**Via Microsoft Teams**

### **Present:**

Amanda Pike (AP), Parent & Families Engagement Lead, EMNODN (Chair)  
Harriet Leyland (HL), Care Coordinator, EMNODN  
Anita D'urso (AD), Consultant Clinical Psychologist, EMNODN  
Nicola Hay (NH), Parent Representative, Nottingham (Joined at 11:39)  
Nafeesah Tutla (NT), Neonatal Co-Lead, LLR MNVP  
Nicole Malazzab (NM), FiCare Lead & Governance Lead Nurse, Northampton General Hospital (Joined at 11:17)  
Shell Pashley (SP), Neonatal Co-chair, Derby & Derbyshire ICB  
Sally-Ann Simpson (SAS), Lead FAB Worker, United Lincolnshire Teaching Hospitals  
Clare Harris (CH), Independent Neonatal Parent Voice Lead, Nottingham & Nottinghamshire MNVP  
Maisie Partridge (MP), Family Care Sister, Nottingham University Hospitals  
Julie Versteeg (JV), Family Care Sister, Nottingham University Hospitals (Joined at 11:22)

### **In Attendance:**

Faye Kitcherside (FK), Administrator, EMNODN (Minutes)

	<b>Subject</b>	<b>Attachment</b>	<b>Action</b>
<b>1.</b>	<b>Welcomes &amp; Apologies for Absence</b> Cara Hobby (CMH), Helen Morris (HM), Faye Freeman (FF), Gemma Manning (GM)		
<b>2.</b>	<b>Minutes from the Previous Meeting</b> The minutes were passed as a true record of proceedings.	<a href="#">A</a>	
<b>3.</b>	<b>Matters/Actions Arising</b> CH has sent some suggested dates to AP for introductions.  CH had asked in the last meeting whether it would be possible to have representation from the EMNODN on their MNVP Board Meeting. AP will discuss this with CMH and feedback.		<b>AP/CMH</b>
<b>4.</b>	<b>Update on HIEM Project</b> To provide a brief update; these are 4 educational videos for families around early maternal breastmilk, skin to skin, introduction to FiCare and introduction to Neonatal Operational Delivery Networks.		

	HL updated that these videos are still being edited and will be shared with the group once ready.		
5.	<p><b>Local Parent Feedback</b></p> <p><b>5.1 Learning from Excellence</b></p> <p><b>Derbyshire</b></p> <p>No recent feedback.</p> <p><b>LLR</b></p> <p>UHL had a visit from the Chief Midwifery Officer for NHS England. NT has recently met two neonatal parents who spoke positively around their experiences; they reported feeling supported and were given useful information around car parking, visiting times etc. There is a Neonatal Voices Partnership meeting next week where mental health support will be discussed, this will be attended by the Perinatal Mental Health team and Neonatal Psychologist. AD will also try to join.</p> <p>NT also asked the group what they thought about introducing 'Neonatal Reflections'. AD suggested this could be piloted as families will benefit.</p> <p>AP explained that Lincoln are already in the process of implementing a similar 'Neonatal Afterthoughts' and it could be worthwhile speaking to them. AP to provide NT with contact details.</p> <p>NT also explained that the MNVP were approached about decorating the neonatal department to make it calmer and more family friendly. Two suggestions were put forward – a woodland theme and an ocean theme. In the end, staff and members voted for a woodland theme.</p> <p><b>Nottinghamshire</b></p> <p>CH is hoping to visit the new QMC unit in a few weeks' time. She is still visiting KMH weekly and generally receives positive feedback from parents although they feel that communication can sometimes still be an issue.</p> <p>There have been some comments made by Parents at Nottingham City Hospital around lack of breastfeeding support and so CH is monitoring this.</p> <p>CH has recently spoken to a parent whose baby was transferred to QMC, CH will first share this feedback with QMC and then bring it to this group.</p> <p>CH is also exploring a project where family focus groups will share their experiences of being transferred from NICU to a PICU/Children's Ward. HL explained that she has been tasked with a similar project for the Network and suggested they work</p>		AP

	<p>together with regards to Nottinghamshire families.</p> <p>CH asked the group about EPR and if parents will still be able to see patient records i.e. nappy changing, feeds etc. MP and JV confirmed that as far as they know, parents should be able to access a summary of care from the day. They will discuss this again with their digital nurse and feedback.</p> <p><b>NUH</b>  NUH have been very busy following the opening of the new unit at QMC. A new parent guide is in the process of being created which will be available soon. AP suggested that her, HL and CH look at the guide once it is ready.</p> <p>A number of other projects are being considered for example, reinstating weekly parent education sessions which were in place prior to COVID.</p> <p>Another project being worked on is around specific neonatal surveys. JV is in discussions with the Patient Experience Team on how best to implement this.</p> <p>NH also confirmed that they have changed coffee afternoons to coffee mornings which has proved successful. The Family Group is going from strength to strength and there are around 16 members now.</p> <p><b>ULTH</b>  SAS discussed VIG (Video Interactive Guidance). To briefly explain, VIG is an intervention where parents are guided to reflect on video clips of interactions with their baby. ULTH have received very positive feedback regarding VIG and are enjoying seeing the positive impacts for families. One staff member has received VIG accreditation and two have reached the mid term point review. VIG accreditation is achieved following an Initial Training Course (ITC) and following supervision with a trainer. SAS has recently presented VIG to NHS England and hopes that more units will introduce it.</p> <p>SAS explained that FaB have recently had two days training aiming to provide staff with the tools required to support parents with breastfeeding.</p> <p>The FAB contract has just been extended to March 2026.</p> <p><b>NGH</b>  Staff have recently undergone STORK training, and two staff members have been allocated as leads. There are two volunteers coming to the unit who are helping with Family Integrated Care and also running the NGH coffee morning.</p> <p>NGH have also planned their Gold assessment date with Bliss.</p>		<p><b>MP/JV</b></p>
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