

Minutes of Parents Advisory Group

Thursday 31 August 2023
11.00am – 1.00pm

Via Microsoft Teams

Present:

Cara Hobby (CH), Deputy Lead Nurse, EMNODN (Chair)
Jane Lafferty (JL), Interim Ward Manager, KGH
Nicola Malazzab (NM), FIC Link, NGH
Helen Fletcher (HF), Ward Manager, LCH
Lynsey Lord (LL), PDM, KMH
Carole Chapman (CC), Ward Manager, PHB
Nicola Hay (NH), Parent Representative, Nottingham
Joanne Leape (JL), Parent Representative, Nottingham
Kevin Sylvester (KS), Ward Manager, LRI
Kimberley Hastings (KH), Infant Feeding Specialist, KMH (joined at 11:08)
Lynn Slade (LS), Matron, UHDB (joined at 11:13)
Louise Bakin (LB), Senior Sister, QHB (joined at 11:15)
Rachael Giles (RG), Deputy Head of Nursing for Women & Childrens, KMH (joined at 11:22)

In Attendance:

Linsay Hill (LSH), Office Manager, EMNODN (Minutes)

	Subject	Attachment	Action
1.	Apologies for Absence Lynsey Jones, Linda Hunn, Gemma Manning, Faye Freeman, Lorraine Collins, Kelly-Marie McMinn, Sue Flaherty, Becky Bennett, Rachel McCoy, Rachel Wright, Vicki Harris, Claire Gartland, Hayley Gatens, Julie Versteeg, Phillipa Nash, Sally Ann Simpson, Susanna Dachtler, Rhian Cope		
2.	Minutes from the Previous Meeting The minutes were passed as a true record of proceedings.	A	
3.	Progressing PAG 3.1 Chair Thoughts around introducing a co-parent chair, someone who might be available to take over as chair going forward. 3.2 Format Have quarterly PAG meetings but in interim have monthly smaller informal focus/task & finish groups. Initial thoughts? JL mentioned Sarah from City is interested in getting involved.		

	<p>NH mentioned using social media, polls etc.</p> <p>First focus group about reaching out to more parents, growing the group and using social media. Work with Nicola and Joanne.</p> <p>3.3 Dates/Times Any thoughts/ideas around best days/times for PAG meetings going forward please let us know.</p> <p>3.4 Agenda Circulate old agenda. Thoughts on what has worked well, like to see more of, what works less well and like to see less of?</p>		
4.	<p>Update on EMAHSN Project East Midlands Academic Health Science Network funding education videos, importance of skin to skin, early maternal breast milk, intro to Neonatal Networks, intro to FiCare, focus groups held, scripts developed, filming started July at NGH, now being edited, likely to be ready for sharing November time this year, hope for some early previews for parents, CH will keep the group updated on progress.</p>		
5.	<p>Peer Support 5.1 15 Steps Challenge Harriet Leyland will join the Network on 04 September as Care Coordinator. In process of booking unit visits, looking where units are with FiCare. Wondered about seeing if there are any parent reps who would like to come too. 15 steps challenge, introduction and speak to parents as part of that. CH will email out separately.</p> <p>5.2 Recommencing of Visits Historically PAG members have had good relationships with Units, visits etc. Lots of this stopped during covid. Are parents able to come back into units for peer support, are you doing this currently?</p> <p>JL been on unit, parents say leaving the unit and getting back on? Can take a long time to get back in. Recently parents getting upset about it. Don't want to leave the unit for food/drink because it takes a long time to get back in. Parent Access maybe an item for focus group.</p> <p>JL visits weekly, from September will be doing one morning and one afternoon.</p> <p>NH back doing coffee afternoons at the moment.</p> <p>NGH – have someone starting Monday. Will be useful to link this person in to PAG.</p>		CH

	<p>KGH – nothing at the moment but keen to progress this. CH and the team can help progress this.</p> <p>KM – Clare Harris as part of the Emily Harris Foundation. Comes in weekly for support and coffee mornings. KH to speak to Clare and then come back to us to add her to circulation. LL echoed the importance currently of parent peer supporter.</p> <p>UHL – nothing at the moment, have Adapt but possibly need to pursue a parent supporter type person. Mental health support raised in last questionnaire.</p> <p>Some national resources following the Lucy Letby trial sent out to units for sharing with parents and families. Also resources to be shared with staff also. Anyone not aware we can send the information.</p> <p>PHB – no parent peer support following covid. Would welcome someone though.</p> <p>LCH – no parent peer support. FaB workers are increasing and will be looking to increase groups etc. Started teaching sessions, and hoping this encourages peer to peer support, open up communication. HF has someone in mind who would be perfect and will be approaching her.</p> <p>UHDB – nothing currently but LB thought a good idea and will look at exploring, CH happy to support.</p> <p>NUH – there are people that want to give back but need to ensure these are the right people. CH and Anita D’Urso to be involved in the recruitment process and also have some clear channels for providing them with support. Is there a framework in place for supporting the supporters??</p>		
6.	<p>Local Parent Feedback</p> <p>Would love to hear what parents are saying currently, are there themes, parent feedback,</p> <p>LS – really struggle to get the feedback, tried lots of things, trust patient experience team been brilliant and visiting parents pre discharge, but the feedback always seems to relate to maternity rather than neonates. Going to start evening group Neo-Natter.</p> <p>JL for NUH – dads mental health, feelings of frustration focus seem to be on mums mental health. Staff speaking to mums rather than Dads. Tour of nnu’s possible helpful to offer more than one visit as it can still be overwhelming on arrival.</p> <p>NH approached dads for feedback and asked them for quotes</p>		

	<p>which were added to a board.</p> <p>DD for ULHT - high percentage of feedback done in own homes. WhatsApp groups? Social Media. FaB workers going to start asking for feedback 6 weeks post discharge.</p> <p>UHL feedback – collected via outreach.</p> <p>CC going to be working with Amanda Pike. Have a family discussion template which include q's around mental health aimed at both parents. CC to share template with CH.</p> <p>Agenda item moving forward a Learning from Excellence.</p> <p>LL get Family & Friends feedback on discharge, it's all lovely, trying to encourage regular feedback throughout stays. CH suggested maybe at the different levels of care. LL are trying to work to this now.</p>		
7.	<p>National Grandparents Day National Grandparents Day is on 01 October 2023, have put out call for celebratory photos on Instagram and Facebook, would love photos of grandparent and babies at home or on the unit. Would ask that this is broached with parents.</p>		
8.	<p>National Breastfeeding Week 19 September 2023 with the theme everyone's role to support mum breastfeeding</p>		
9.	<p>World Prematurity Day 17 November 2023</p> <p>NH have stall outside of QMC arranged. Cake sale. Teddy Bears picnic 23 September first then will start focussing on WPD</p>		
10.	<p>CardMedic Update a communication resource which is app and web based. Phrases/scripts working on neonatal content. Check out their website. Looking at trying to get funding to have CardMedic for a year.</p> <p>Will pull representation; clinical and parents from units to think about helpful phrases.</p>		
11.	<p>Suggestions for Reach Out Communication Question, would you be willing to work with the Network leave email/telephone number. Been a year so thinking of reaching out to these people.</p>		
12.	<p>Bliss Update Congratulations to Burton for achieving their Bliss Baby Charter gold accreditation</p>		

13.	Unicef Update UHDB have achieved their baby friendly award.		
14.	AOB None.		
15.	Date and time of next meeting Thursday 01 February, 11.00am – 12.30pm, via Microsoft Teams		